

SGVNA H&I subcommittee minutes of our monthly meeting, October 15, 2017

Committee members:

Joe H. (Chairperson), Derrick M. (Vice-chairperson), Billy D. (secretary), Samantha M. (literature), Christian, Gorang G., Mario M., Daniel T.,* Joey G.,* Jody,* Heather NL,* Sarah Y,* Rick R,* Michelle,* Lucy O,* Sterling C.,* Krystal V.,* Bob C.,* Michael Mc*

**absent*

SGVNA ASC members:

Naomi B. (chairperson)

Serenity Prayer - All

12 Traditions: Derrick

12 Concepts: Joe

Old Business

- H&I panel leaders will be contacted by the panel coordinators about attending the monthly H&I subcommittee meeting at least for times a year.
- Panel coordinators are encouraged to use volunteer speaker list to fill their panels.

Literature Report

- Samantha M. says that "Literature is awesome!"

New Business

- Derrick reported that Regional H&I will be hosting a three-day marathon from 12/22 to 12/25 and they need speakers!
- Derrick also reported that state-run facilities are asking H&I for a "Juan Herrera" or endorsement letter for all H&I panel leaders.
- Derrick agreed to continue attending the Regional H&I meeting @ RSO each month and to report the gist of what occurs to the subcommittee.
- The members discussed the possibility of having group-sponsored H&I panels in the SGV area, a preventive measure to avoid "H&I burnout." The members agreed unanimously to revisit the idea in January.

Open Panels

- **ELIJAH HOUSE** 2nd Monday @ 730pm.
- **HUNTINGTON HOSPITAL** 3rd Tuesday @ 7pm.
- **GLENDALE ADVENTIST** 5th Thursday @ 7pm.
- **GLENDALE ADVENTIST/PSYCH 2** 2nd and 4th Saturday @ 3pm.

After Mario suggested that we adjourn, the members struggled to form a circle but, due to the small turnout, we had difficulty linking hands. When Naomi climbed atop the picnic table in an effort to solve the problem, she inadvertently stepped on a squirrel who in the spirit of interspecies fellowship joined us in the Third Step Prayer.

GSRs

**Have you joined a
subcommittee yet?**

**What are you waiting for, the
Apocalypse?**

**The H&I subcommittee of San Gabriel Valley Narcotics
Anonymous meets at Eaton Blanche Park 3100
East Del Mar Blvd., Pasadena, CA 91107 on the
third Sunday of each month @ 12:30PM**

