

# NA AREA HELPLINES

San Gabriel Valley	(626) 584-6910
Bay Cities Area	(310) 372-9666
Westside Area	(310) 390-0279
Greater East L.A.	(323) 721-5504
Greater Hollywood	(323) 850-1624
Greater L.A.	(323) 933-5395
Eastern Counties	(562) 698-4604
Santa Clarita	(661) 299-5599
Southern Antelope Valley	(661) 266-2200
Orange County	(714) 590-2388
West End Area	(818) 787-9706
San Fernando Valley	(818) 997-3822
Inland Empire West	(909) 622-4274
Inland Empire Foothills	(909) 795-0464
Eastern Inland Empire	(909) 370-3568
Desert Empire	(760) 255-2045
Eastern Sierra	(760) 446-4445
South Coast	(949) 661-6183
Northern Counties	(800) 863-2962



## SAN GABRIEL VALLEY AREA MEETING LIST MARCH 2024

### 24 HOUR HELPLINE

San Gabriel Valley  
(626) 584-6910

Southern California Region  
(800) TODAY NA  
(800) 863-2962

Spanish Speaking Helpline  
(888) NA AHORA  
(888) 622-4672

<https://sgvna.com>  
<https://na.org>

### SUGGESTIONS FOR EVERYONE

**DON'T USE** no matter what

**Ask your Higher Power to keep you clean**

**Come early and stay late**

**Get a home group**

**Go to 90 meetings in 90 days**

**Read NA literature daily**

**Get and use a sponsor**

**Use the PHONE**

**KEEP COMING BACK. IT WORKS**

**SUNDAY / DOMINGO**

**10:30AM 1. 5HR Recovery Out of Nowhere**, Park, \*Behind Playground Area / Bring Chair or Blanket To Sit On!\*, 3100 East Del Mar Boulevard, Pasadena, California, 91107 **(O,D,SP,WC,YP,CW,OUT,LGBTQ)** \*Behind Playground Area / Bring Chair or Blanket To Sit On!\*

**4:00PM 1. 25HR Keeping It Clean**, \*Meeting room is up the black staircase.\*, \*Treatment Center Has Rules\*, 1680 North Fair Oaks Avenue, Pasadena, California, 91103 **(C,SP)** *TREATMENT CENTER MEETING \*As defined in Traditions NA does not endorse any related facility or outside enterprise. This info is provided in the spirit of cooperation not affiliation. The Treatment Center, not the NA Mtg., may deny access per their policy.*

**6:00PM 1. 25HR Bleeding Basic**, Church, 997 East Walnut Street, Pasadena, California, 91106 **(O,BT,D,BK)**

**6:30PM 1HR Sunday No Frills Speaker Meeting**, <https://us06web.zoom.us/j/536101278>, Eagle Rock, California, 90041 **(O,SP,VM)** <https://us06web.zoom.us/j/536101278>

**7:00PM 1HR So Fresh So Clean**, \*Treatment Center Has Rules\*, 191 North El Molino Avenue, Pasadena, California, 91101 **(O,SP)** *TREATMENT CENTER MEETING \*As defined in Traditions NA does not endorse any related facility or outside enterprise. This info is provided in the spirit of cooperation not affiliation. The Treatment Center, not the NA Mtg., may deny access per their policy.*

**MONDAY / LUNES**

**7:00PM 1. 25HR Women: If You Want What We Have**, \*POTLUCK EVERY FIRST MONDAY\*, 140 East Palm Avenue, Monrovia, California, 91016 **(O,D,W,CW,LS)** \*POTLUCK EVERY FIRST MONDAY\*

**7:30PM 1. 5HR Talking Heads**, 920 Fremont Avenue, South Pasadena, California, 91030 **(C,D,JT,M,ME)**

**8:00PM 1HR Gate 7**, Gate 7, 2 South Baldwin Avenue, Arcadia, California, 91007 **(O,D,BK,LGBTQ,SPAD)**

**TUESDAY / MARTES**

**7:00PM 1. 25HR Let's Live Clean**, \*Meeting room is up the black staircase.\*, \*Treatment Center Has Rules\*, 1680 North Fair Oaks Avenue, Pasadena, California, 91103 **(C,NC,SP,NS)** *TREATMENT CENTER MEETING \*As defined in Traditions NA does not endorse any related facility or outside enterprise. This info is provided in the spirit of cooperation not affiliation. The Treatment Center, not the NA Mtg., may deny access per their policy.*

**7:30PM 1HR Sicker Than Most**, Church, \*MEETING IN BASEMENT\*, 1118 North Allen Avenue, Pasadena, California, 91104 **(O,D,SP,To)** \*MEETING IN BASEMENT\*

**7:30PM 1HR Tuesday Living Clean**, \* MEETING IN THE SMALL WHITE BUILDING ON ADDISON WAY \*, 4848 Eagle Rock Boulevard, Los Angeles, California, 90041 **(C,D,BK,LC)** \* MEETING IN THE SMALL WHITE BUILDING ON ADDISON WAY \*

**8:00PM 1HR It's In the Book**, <https://us04web.zoom.us/j/84737807773>, Arcadia, California, 91007 **(O,D,To,BK,LC,VM)** <https://us04web.zoom.us/j/84737807773>

**WEDNESDAY / MIÉRCOLES**

**5:30PM 1HR Heart of Recovery**, Church, \*Parking AND Entrance In The Back Of The Building\*, 3053 East Del Mar Boulevard, Pasadena, California, 91107 **(O,D,BK,LC)** \*Parking AND Entrance In The Back Of The Building\*

**6:00PM 1HR Women Seeking Conscious Contact**, <https://us04web.zoom.us/j/3223476838> \*PASSWORD\*: wscna, Altadena, California, 91001 **(C,W,BK,VM)** <https://us04web.zoom.us/j/3223476838> \*PASSWORD\*: wscna

**7:00PM 1HR Women Working Recovery Together**, <https://us04web.zoom.us/j/89548367930> \*PASSWORD\*: Nmdj8g, Eagle Rock, California, 90041 **(C,RF,W,VM)** <https://us04web.zoom.us/j/89548367930>

**7:30PM 1. 5HR Monterey Park Men's Stag**, Recreation Center, <https://us04web.zoom.us/j/89946123791> \*PASSWORD\*: freedom, 3936 Muscatel Avenue, Rosemead, California, 91770 **(O,D,M,NS,HY)** <https://us04web.zoom.us/j/89946123791> \*PASSWORD\*: freedom

**THURSDAY / JUEVES**

**4:00PM 1. 25HR NA Safe When Used As Directed**, <https://us02web.zoom.us/j/87405900291> \*PASSWORD\*: sharelove, California, 91101 **(O,To,YP,LGBTQ,VM)**

<https://us02web.zoom.us/j/87405900291> \*PASSWORD\*: sharelove

**5:30PM 1HR The Early Bird**, 520 East Orange Grove Boulevard, Pasadena, California, 91104 **(O,D)**

**7:00PM 1. 25HR Blue Room**, Church, \*PARKING LOT ENTRANCE ON GREEN STREET\* \*\* ATTENTION! Location Will Be Changing Soon! \*\*, 500 East Colorado Boulevard, Pasadena, California, 91101 **(D,IW,BK)** \*PARKING LOT ENTRANCE ON GREEN STREET\* \*\* ATTENTION! Location Will Be Changing Soon! \*\*

**7:30PM 1. 5HR Share the Love and Happiness**, <https://us04web.zoom.us/j/84543695377> \*PASSWORD\*: 1234, San Gabriel, California, 91775 **(O,B,BT,D,YP,BK,LGBTQ,LS,VM)**

<https://us04web.zoom.us/j/84543695377>

**10:00PM 1. 5HR It's Never Too Late**, Church, Follow Pathway To Meeting Room On The LEFT, 5957 Golden West Avenue, Temple City, California, 91780 **(O,D,LGBTQ,HY)**

<https://us04web.zoom.us/j/81171831196>

**FRIDAY / VIERNES**

**6:00PM 1. 25HR Ladies Night**, <https://us04web.zoom.us/j/99121414962> \*PASSWORD\*: ladies, Altadena, California, 91001 **(O,W,VM)**

<https://zoom.us/j/99121414962?pwd=Zml2TmZEM3JZd29NbXl4WlpSaU0xQT09>

**6:00PM 1. 25HR T.G.I.F.**, Church, 1757 North Lake Avenue, Pasadena, California, 91104 **(D,SP)**

**7:30PM 1. 5HR Friday Night Step & Tradition Meeting**, Community Center, \* PARKING LOT IN THE BACK / USE SIDE ENTRANCE \*, 9108 Garvey Avenue, Rosemead, California, 91770 **(O,St,Tr,BK)** \* PARKING LOT IN THE BACK / USE SIDE ENTRANCE \*

**SATURDAY / SÁBADO**

**10:30AM 1. 5HR Recovery In The Park**, Park, 405 South Santa Anita Avenue, Arcadia, California, 91006 **(O,D,JT)**

**6:00PM 1. 25HR Principles Before Personalities**, Church, 520 East Orange Grove Boulevard, Pasadena, California, 91104 **(O,CH,D)**

**6:00PM 1. 5HR Twilight Zone**, <https://us04web.zoom.us/j/322562705>, Arcadia, California, 91007 **(O,D,VM)** <https://us04web.zoom.us/j/322562705>

**Meeting Format Legend**

B	Beginners	BK	Book Study
BT	Basic Text	C	Closed
CH	Closed Holidays	CW	Children Welcome
D	Discussion	HY	Hybrid Meeting
IW	It Works -How and Why	JT	Just for Today
LC	Living Clean	LGBTQ	LGBTQ
LS	Literature Study	M	Men
ME	Meditation	NC	No Children
NS	No Smoking	O	Open
OUT	Outside	RF	Rotating Format
SP	Speaker	SPAD	A Spiritual Principle a Day
St	Step	To	Topic
Tr	Tradition	VM	VirtualMeeting
W	Women	WC	Wheelchair